

**Gender Identity
Supportive Counseling and Mental Health Resources
Rutgers University**

On-Campus Resources:

All of the Rutgers University Counseling and Psychological Services offices are committed to providing inclusive, supportive and affirming mental health services to the LGBTQQ community, which of course includes transgender individuals. The following psychologists have particular experience and interests in serving the needs of the LGBTQQ community and also happen to be LGBTQQ Liaisons for Rutgers students.

Mark J. Forest, Ph.D.
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8 Lafayette Street, New Brunswick, NJ 08901
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Off-Campus Resources:

There are numerous psychologists and therapists throughout NJ that provide supportive mental health services to the LGBTQ community. While many mental health professionals are sensitive to the issues of transgender individuals, the following list of treatment providers have particular interest and/or experience with this population.

Nina Williams, Psy.D.
85 Raritan Avenue, Suite 400
Somerset, NJ 08904
(732) 514-1080

Judith Glassgold, Psy.D.
324 Raritan Avenue
Highland Park, NJ 08904
(732) 777-9377

Brian Shannon, Ph.D.
202 Raritan Avenue
Highland Park, NJ 08904
(732) 220-2900

Martha Temple, Psy.D.
134 Raritan Avenue
Highland Park, NJ 08904
(908) 277-4155 x3

35 DeForest Avenue
Summit, NJ 07901
(908) 277-4155 x3

Jeffrey H. Axelbank, Psy.D.
727 Raritan Avenue
Highland Park, NJ 08904
(732) 572-8848

Deborah Kaplan, Psy.D.
85 Raritan Avenue, Suite 400
Highland Park, NJ 08904
(732) 247-4447 x6

Institute for Personal Growth
Margaret Nichols, Ph.D.
Highland Park, NJ 08904 Freehold, NJ
Website: <http://www.ipgcounseling.com/home.html>
(800) 379-9220
(732) 246-8439

Wendy S. Matthews, Ph.D.
20 Nassau Street, Suite 201
Princeton, NJ 08542
(609) 924-9670

Rick Heid, Ph.D.
2365 Highway 33, 2nd Floor
Robbinsville, NJ 08691
(609) 933 5572

Lisa Leidecker, LPC, CADC, NCC
Spectrum Counseling Solutions, LLC
Upper Montclair, NJ / Red Bank, NJ
(973) 568-1166 / (732) 741-0777

Marsha N. Shapiro, LCSW, BCD, LLC
North Brunswick and Toms River, NJ
(732) 422-9400

Rosemarie Kopacsi, Ph.D., LCSW
Montclair, NJ
(973) 509-0574
(973) 338-4834

Ann Cutillo, LCSW
Upper Montclair, NJ
(973) 509-9440

Avgi Saketopoulou, Psy.D.
103 St. Mark's Place, Suite A1
NY, NY 10009
(212) 614-9600 x206